

Instructions for Producing a Set of Feeling Cards

SUPPLIES NEEDED FOR A SET OF 80 FEELING CARDS

Number of participants served depends on activity.

1. Ten sheets of 8 1/2" x 11" red paper
2. Photocopier
3. Laminator and ten 8 1/2" x 11" laminating sheets
4. Paper cutter
5. Large elastic band (or zip-lock bag) to keep set together

DESCRIPTION OF COMPLETED SET OF FEELING CARDS

Eighty red cards, about 4 1/4" wide x 2 3/4" tall, each with one feeling word printed on it

STEP-BY-STEP INSTRUCTIONS TO CREATE A SET OF FEELING CARDS

1. Print the ten pages of feeling words on red paper (8 words per page).

NOTE: If making more than one set of cards, distinguish the sets so they don't get mixed up. For example, you can print a number or symbol behind all the cards in a specific set.

2. Laminate each sheet.
3. Cut each sheet along the guide lines to produce 8 feeling cards.
4. Secure each set of 80 feeling cards with an elastic band or place in zip-lock bag.

TEMPLATES PROVIDED

Ten templates, each containing 8 feeling-words:

- Template G6-1: "aggravated"...
- Template G6-2: "anxious"...
- Template G6-3: "carefree"...
- Template G6-4: "disappointed"...
- Template G6-5: "eager"...

GENERAL LEARNING AID G6 — Instructions for Producing a Set of Feeling Cards

- Template G6-6: “fascinated”...
- Template G6-7: “hurt”...
- Template G6-8: “lonely”...
- Template G6-9: “puzzled”...
- Template G6-10: “tender”...

aggravated

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amused

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agitated

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angry

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alarmed

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anguish

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ambivalent

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annoyed

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anxious

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awe

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appreciative

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bitter

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apprehensive

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bored

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ashamed

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calm

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carefree

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delighted

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confident

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depleted

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confused

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depressed

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dejected

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determined

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disappointed

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dissatisfied

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discouraged

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distracted

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disgusted

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distressed

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disheartened

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dumbfounded

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eager

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exasperated

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edgy

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excited

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embarrassed

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exhausted

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envious

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exhilarated

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fascinated

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grateful

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fearful

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gratified

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forlorn

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grief

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furious

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hopeless

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hurt

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inspired

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indignant

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irritated

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impatient

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jealous

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insecure

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jubilant

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lonely

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numb

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longing

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outraged

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mean

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overwhelmed

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mortified

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peaceful

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puzzled

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repulsed

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regretful

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resentful

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relieved

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sad

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remorseful

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surprised

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tender

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unsettled

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tense

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vulnerable

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terrified

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weary

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touched

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worried

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