

# **Instructions for Producing a Set of Need Cards**

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## **SUPPLIES NEEDED FOR A SET OF NEED CARDS**

Number of participants served depends on activity.

1. Seven sheets of 8 1/2" x 11" blue paper
2. Photocopier
3. Laminator and 7 laminating sheets
4. Paper cutter
5. Large elastic band (or zip-lock bag) to keep set together

## **DESCRIPTION OF COMPLETED SET OF NEED CARDS**

Fifty-six blue cards, about 3" high and 4 1/4" wide, each with a need word printed on it (NOTE: There are two cards labeled "wild card" in the set.)

## **STEP-BY-STEP INSTRUCTIONS FOR PRODUCING A SET OF NEED CARDS**

1. Print the 7 pages of need words on blue paper (8 words per page).

NOTE: If making more than one set of cards, distinguish the sets so they don't get mixed up. For example, you can print a number or symbol behind all the cards in a specific set.

2. Laminate each sheet.
3. Cut each sheet along the guide lines to produce 8 need cards.
4. Secure each set of 56 need cards with an elastic band or place in zip-lock bag.

## **TEMPLATES PROVIDED**

Seven templates, each containing 8 need words:

- Template G8-1: "acceptance"...
- Template G8-2: "celebration"...
- Template G8-3: "consideration"...
- Template G8-4: "growth"...
- Template G8-5: "intimacy"...
- Template G8-6: "reliability"...
- Template G8-7: "support"...

# acceptance

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# autonomy

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# adaptability

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# awareness

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# appreciation

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# balance

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# authenticity

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# beauty

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# celebration

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# community

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# challenge

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# compassion

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# choice

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# competence

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# clarity

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# connection

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# consideration

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# ease

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# contribution

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# effectiveness

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# cooperation

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# empathy

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# creativity

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# equality

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# growth

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# honesty

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# harmony

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# inclusion

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# healing

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# inspiration

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# health

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# integrity

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# intimacy

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# order

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# meaning

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# peace

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# mourning

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# play

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# mutuality

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# purpose

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# reliability

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# safety

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# relief

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# security

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# respect

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# self-expression

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# rest

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# self-reliance

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# **support**

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# **understanding**

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# **to belong**

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# **warmth**

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# **to matter**

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# **wild card**

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# **trust**

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# **wild card**

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