

GROUP HANDOUT 4.2B

Difficult-to-Hear Messages: GENERAL COMMUNITY

1. What good is all your NVC practice when you can't even handle a minor crisis like this?
2. Don't let the boys hang around the kitchen. It's time they learned to become men.
3. You really shouldn't waste so much money on workshops. I mean, how much do you have saved up anyway?
4. You want to know what I am feeling and needing? I feel like throwing up and I need to be left alone!
5. I think the government is trying to handle a difficult situation, and it's a shame to have people demonstrating and criticizing our leaders' every move.
6. This is not a playground or a zoo. If you cannot control your children's behavior, we must ask you to leave the premise.
7. Why is it that every time I come home from a trip, the house looks as if a cyclone has hit it?
8. You have no business leading a practice group if you are not qualified and haven't done your personal work.
9. I realize it's the end of the shift and I can't pay you overtime, but I have to have this done for that meeting first thing tomorrow morning."
10. You talk like a robot with all this feelings and needs stuff. Why don't you get real?
11. _____
