

List of Scenarios: PRISON

1. The correctional officer just yelled at you for no seeming reason. It is the third time this week.
2. Your partner says to you, “I’m not coming back to visit you this month. I’m sick and tired of getting hassled every time I come through the gate and the metal detectors.”
3. I just asked you for a cigarette and you said, “No, and quit bugging me for smokes all the time.”
4. The officer handling your release plans tells you that they won’t be able to get your report ready for the parole board in time for your scheduled hearing. They would like you to sign a waiver to delay your hearing for a month.
5. Your partner just announced that they are on a diet to lose weight. You are now seeing their hand reach out to take a third cookie to eat.
6. A fellow prisoner who committed to organizing an NVC workshop says to you, “I won’t be able to do it; I’m swamped.”
7. You miss seeing your partner who worked late every evening this week and thus has not come to visit you.