

# Instructions for Producing Tent Cards and Step-Trackers

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## SUPPLIES NEEDED

### (A) For three Tent Cards:

One tent card is needed for each small group.

1. One 8 1/2" x 11" sheet of cardstock
2. Printer or photocopier
3. Paper cutter

### (B) For a set of Step-Trackers

One set of Step-Trackers is needed for each small group.

1. Three sheets of 8 1/2" x 11" plain paper *or* cardstock
2. Printer or photocopier
3. *Optional:* Three laminating sheets, 8 1/2" x 11"



*Three views of Tent Cards*

### **DESCRIPTION OF A FINISHED TENT CARD AND STEP-TRACKERS**

(A) A Tent Card has three sides. On each side are printed two words: one word is right side up and one word is upside down.

(B) A set of Step-Trackers consists of three papers labeled respectively: Self-empathy, Honesty, Empathy

### **STEP-BY-STEP INSTRUCTIONS**

#### **For producing three Tent Cards:**

1. Print Template 12.3-1 on card stock.
2. Cut on the solid vertical guidelines into three equal pieces.
3. Take each of the three pieces and fold along the two dotted horizontal guidelines to create a 3-sided “tent”.
4. Use tape or staple to attach the two ends of the “tent”.

#### **For producing a set of Step-Trackers**

1. Print one copy each of Templates 12.3-2, 12.3-3, and 12.3-4
2. Optional: laminate each page if you plan to re-use.

### **TEMPLATE PROVIDED**

Template 12.3-1: Tent Cards

Template 12.3-2: Self-Empathy Step-Tracker

Template 12.3-3: Honesty Step-Tracker

Template 12.3-4: Empathy Step-Tracker

**EMPATHY**

*Honesty*

**HONESTY**

*Self-Empathy*

**SELF-EMPATHY**

*Empathy*

**EMPATHY**

*Honesty*

**HONESTY**

*Self-Empathy*

**SELF-EMPATHY**

*Empathy*

**EMPATHY**

*Honesty*

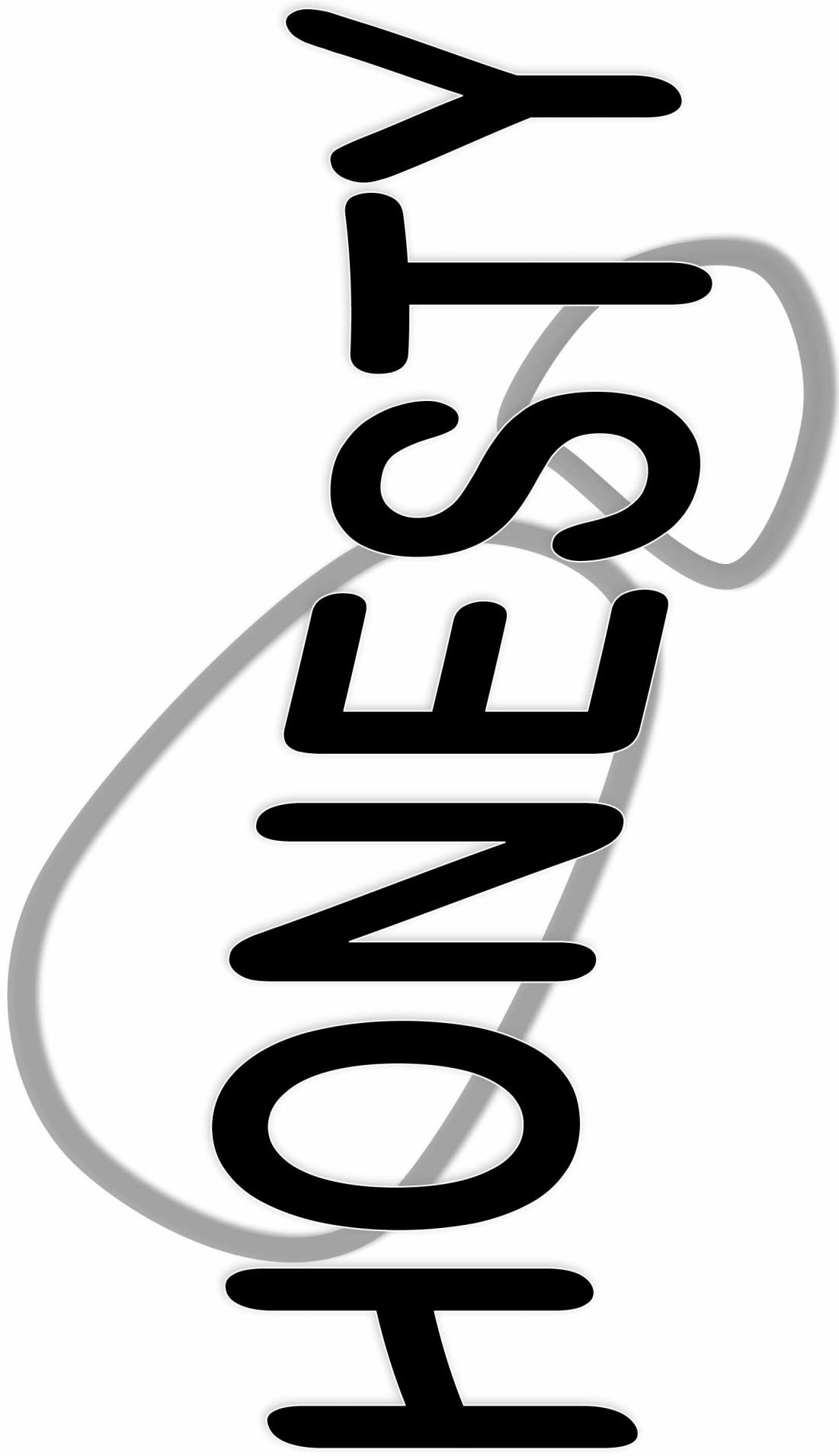
**HONESTY**

*Self-Empathy*

**SELF-EMPATHY**

*Empathy*

**My  
Self  
Talk**



EMPATHY