

Instructions for Producing a Set of Six Stepstones for Making Requests

SUPPLIES NEEDED FOR A SET OF SIX STEPSTONES

One set of six stepstones placed on the floor serves a whole room. If there are many participants, you may like to have an extra set tacked to the wall to increase visibility for those sitting far away.

1. Six 8 1/2" x 11" sheets of (light) green paper
2. Printer
3. Laminator and six 8 1/2" x 11" laminating sheets

DESCRIPTION OF FINISHED SET OF STEPSTONES

A set of six 8 1/2" x 11" laminated "stepstones"

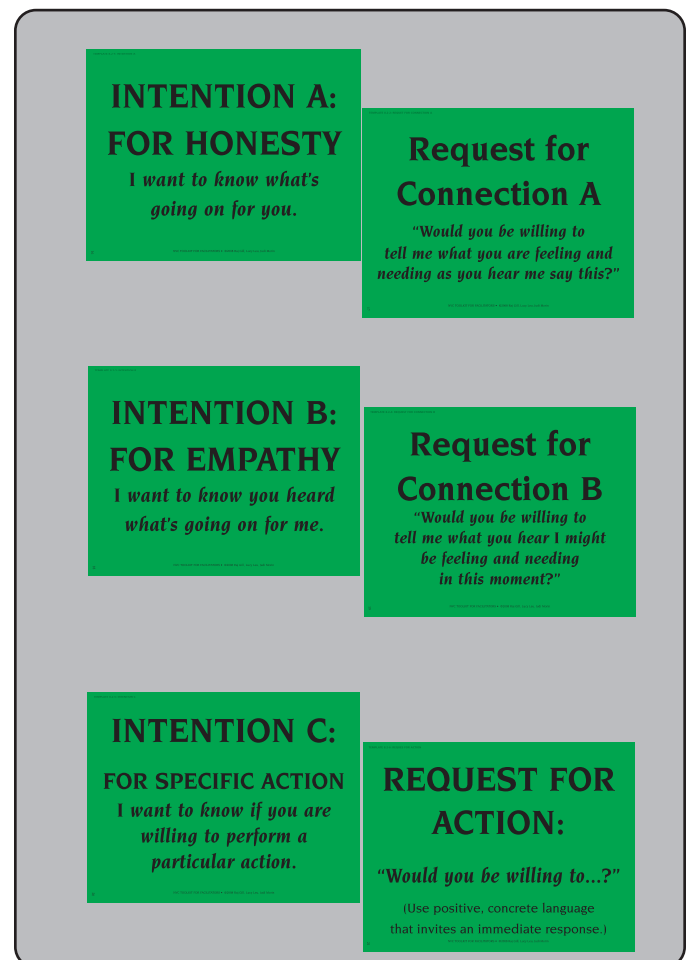
NOTE: If using in conjunction with the Floor Map, place stepstones to the left of the "Request" piece under "Honesty". See photo below.

STEP-BY-STEP INSTRUCTIONS FOR CREATING A SET OF SIX STEPSTONES

1. Print the six templates for the six stepstones on green paper.
2. Laminate each sheet.

TEMPLATES PROVIDED

- Template 8.2–1: Intention A
- Template 8.2–2: Request for Connection A
- Template 8.2–3: Intention B
- Template 8.2–4: Request for Connection B
- Template 8.2–5: Intention C
- Template 8.2–6: Request for Action



Six Stepstones for Making Requests

SPECIFIC LEARNING AID 8.2 — Instructions for Producing a Set of Six Stepstones for Making Requests



Six Steptones in relation to Honesty portion of Floor Map

INTENTION A: FOR HONESTY

*I want to know what's
going on for you.*

Request for Connection A

*“Would you be willing to
tell me what you are feeling and
needing as you hear me say this?”*

INTENTION B: FOR EMPATHY

*I want to know you heard
what's going on for me.*

Request for Connection B

*“Would you be willing to
tell me what you hear I might
be feeling and needing
in this moment?”*

INTENTION C: FOR SPECIFIC ACTION

*I want to know if you are
willing to perform a
particular action.*

REQUEST FOR ACTION:

“Would you be willing to...?”

(Use positive, concrete language
that invites an immediate response.)